

Hart County 4-H Hart Beat

November 2024

Hart County Extension
Office
505 A.A. Whitman Lane
P.O. Box 367
Munfordville, KY 42765
270-524-2451

Happy November!

We have several opportunities coming up. Please make sure to read the newsletter so you don't miss anything! We will be doing a Crumbl Cookie Fundraiser. This counts towards the John Swack Scholarship, 4-H Achievement Awards, All Star & Super All Star Awards! Please share with you family and friends. These vouchers would be great to use for the holidays!

It is never too early to begin working on fair projects. If you need a list a categories please contact the office!

If you are interested in a livestock project please make plans to attend our livestock information night!

I look forward to seeing many of you at the County 4-H Banquet.



Julia Wilson
Hart County Extension Agent
for 4-H Youth Development



Save the Date!

Mammoth Cave Area

4-H Achievement Banquet

The Mammoth Cave Area Banquet will be on
Monday, December 16th at the Corvette
Museum in Bowling Green.

Mammoth Cave Area Teen Council

ALL 4-H Teens (Grades 8-12) are invited to the
Mammoth Cave Area Teen Council Meeting.

The meeting will take place on **Monday, November 11th** @ 5:00 PM will be at the Butler County Extension Office at 102 Parkway Lane Morgantown, KY 42261.

At this meeting, Lloyd has offered to teach outdoor cooking at this November meeting. Attendees are asked to bring \$15 to cover meal cost with the lesson. Meal to include meat and veggies. We will be electing officers at this November Meeting.

Please RSVP to Julia by Thursday, November 7th if you would like to ride in the county van. The van will leave at 3:30pm.





Drone Club

November 26th

5:30pm-6:30pm

Hart County Extension Office

Open to 6th grade & up



Art Club

This club is open to youth ages 9-18. The club meets at 3pm. Please call the office to sign up since space is limited.



Wednesday , November 6th

Wednesday December 4th



Cloverbud Art Club

The Cloverbud art club is open to ages 5-8. The club will meet at the Extension Office at 3pm.

Wednesday, December 18th

3:00pm-4:00pm



Quilting Class

Quilting will start on **November 8th!**

If you are interested in quilting please call the office to sign up.

Quilting Dates *(Subject to Change)*

November 8th, 21st, 22nd,

December 5th, 19th

January 2nd

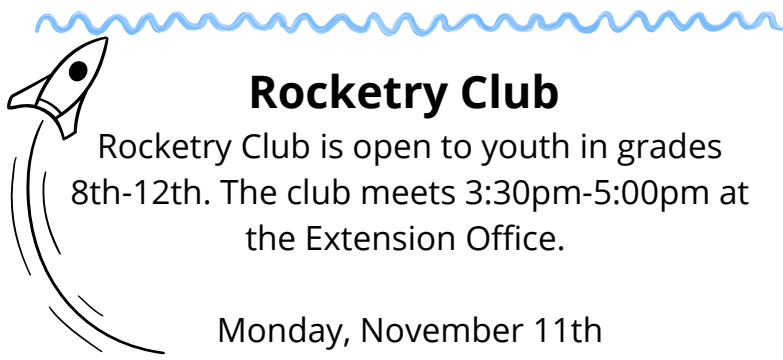


Cloverbud Club

The Cloverbud Club is open to ages 5-8.

Wednesday, November 13th

4:30pm-5:30pm



Rocketry Club

Rocketry Club is open to youth in grades 8th-12th. The club meets 3:30pm-5:00pm at the Extension Office.

Monday, November 11th

Tuesday, November 12th

Monday, November 18th

Tuesday, November 19th

Monday, November 25th

Tuesday, November 26th



Lego Club

4:00pm-5:00pm

Open to ages 9 & up.

Thursday, November 21st

Cloverbud Lego Club

4:00pm-5:00pm

Open to ages 5-8

Thursday, November 14th

Both Lego Clubs meet at the Hart County Public Library in the Community Room downstairs

INFORMATION MEETING FOR LIVESTOCK SHOWING & PROJECTS



TUESDAY, DEC. 3RD 5:30-6:30 PM

Hart County Extension Office

- Basics of starting a livestock project (Market and Breeding)
- Important Dates/Deadlines
- Opportunities available if you have a livestock project

Contact the office to
register!

270-524-2451

Dinner will be provided!

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Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Disabilities
accommodated
with prior notification.

County Talk Meet

The Hart County 4-H Talk meet will be on **February 20th** at HCHS. More details to follow. Youth compete in age groups according to their 4-H Age. Speeches may be on a variety of topics of the 4-H'ers choosing.

County Demonstration Contest

County Demonstration Contest will be on **March 6th** at HCHS. More details to follow.

Categories are:

Agriculture, Animal Science, Expressive Arts, Performing Arts, Foods, Clothing & Textiles, Family & Consumer Sciences, Health, Leadership, Natural Resources, Shooting Sports, Team Demonstrations, SET, and digital media presentation.

Participation in both events counts towards Achievement awards and All Star Awards!

Country Ham Project

Cure your own country hams! Youth visit Clifty Farms in Scottsville on three Saturdays (Dates TBA) Youth select their own two hams and learn about the curing process. At the last meeting youth select one ham to compete in the Kentucky State Fair. Youth are required to give a speech at the Kentucky State Fair on Thursday, August 14th. Youth receive both hams to keep after the state fair. The cost is \$70 per junior or senior 4-H member.

Adults and Cloverbuds may also participate and cure one ham for \$55.

Deadline to sign up in Monday, December 9th.

See the contract below for more information.

Volunteers workers are needed for Country Ham Speech Day in August at the State Fair! Hart County youth will **NOT**

be able to participate without volunteers. Workers could serve the following roles: Speech Judge, Room Host, Holding Room, and Registration or with hams in Cloverville. Please notify Julia if you are willing to volunteer. Free State Fair passes will be provided.



Counts towards 4-H Achievement Awards All Star & Super All Star Awards!



Nutritional facts per serving: 160 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 790mg sodium; 32g carbohydrate; 9g fiber; 12g sugar; 7g protein; 0% Daily Value of vitamin D; 4% Daily Value of calcium; 10% Daily Value of iron; 6% Daily Value of potassium.

Autumn Sweet Potato Chili

Servings: 8 Serving Size: 1 cup

Ingredients:

- 1 (15 ounce) can sweet potatoes (do not drain)
- 1 tablespoon chili powder
- 1 (16 ounce) jar salsa
- 2 (15 ounce) cans black beans (do not drain)
- Water to achieve desired consistency
- ½ cup reduced-fat sour cream
- Shredded sharp cheddar cheese
- Dried or fresh chopped cilantro

Directions:

Combine sweet potatoes, chili powder and salsa in a large saucepan. Bring to a boil, reduce heat to simmer, and cook until heated through, stirring as needed. Add beans with liquid and cook another 3 minutes to blend flavors. Thin with water if needed. Heat through. Serve with sour cream, cheese and cilantro on the side.



Kentucky 4-H Written Communication Contest

The Kentucky 4-H Written Communication Contest is your chance to shine and boost your communication skills! Whether it's poetry, songwriting, essays, infographics or original monologues, this contest has something for everyone.

Participating will help you enhance your writing, reading, and personal communication abilities—skills that are essential for success in all areas of life. Plus, it's a fantastic way to express your creativity and get recognized for your talents!

Don't miss out on this amazing opportunity to grow and showcase your skills. Join the contest and let your words make an impact!

For rules, entry paperwork, more information or questions please contact the Extension Office or e-mail Julia at julia.wilsonr@uky.edu.

Deadline to submit entries is January 10th, 2025.

Counts towards 4-H Achievement Awards All Star & Super All Star Awards!

2025 Piggy Bank Design Contest

The Piggy Bank Contest is a creative way for youth to learn the importance of saving money and reducing debt.

WHY: To creatively celebrate Kentucky Saves Week.

WHO: School students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

HOW: Participants submit an original piggy bank and entry form. Entry forms are available at the Extension Office.

RECOGNITION: Winners will have their names, grades, counties, and winning piggy banks displayed in the Capitol Rotunda in Frankfort, Kentucky during March and April 2025.

Winners also will receive a certificate.

Piggy banks must be turned in to office by **December 6th**.

Counts towards 4-H Achievement Awards All Star & Super All Star Awards!



HART COUNTY 4-H CRUMBL COOKIE FUNDRASIER



*PROCEEDS TO BENEFIT THE JOHN SWACK AND THE MERLE
& DEBI GLAAB 4-H MEMORIAL SCHOLARSHIP FUND*

VOUCHERS CAN ONLY BE USED AT THE
ELIZABETHTOWN LOCATION.

6 PACK VOUCHER
\$25

4-PACK VOUCHER
\$20

ORDERS DUE DECEMBER 11TH BY 4PM!
COOKIE VOUCHERS CAN BE USED
FOR ANY OF THE WEEKLY FLAVORS

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4-H Youth Development
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



2025 Piggy Bank Design Contest Official Rules

KENTUCKY SAVES



ADMINISTRATOR: University of Kentucky, Family and Consumer Sciences Extension, c/o Kelly May, 112 Erikson Hall, Lexington, KY 40506. Email: k.may@uky.edu

CONTEST DESCRIPTION: Kentucky youth are asked to celebrate Kentucky Saves Week by using their creativity to make a piggy bank.

ELIGIBILITY: Contest is open only to school students attending public, private, or home school located within the Commonwealth of Kentucky enrolled in kindergarten through twelfth grade.

HOW TO ENTER: To enter the Contest, eligible youth ("Entrants") must:

1. Create an original piggy bank design as described under Contest Timing and Entry Requirements.
2. Submit Entry and Official Entry Form to Your Local County Cooperative Extension Office. Your County Extension Office Contact Information may be obtained at <http://extension.ca.uky.edu/county>. Entries must be delivered to the Cooperative Extension Office by: **12/06/2024**
3. Winning Entries at the area level must be selected by February 7, 2025.

CONTEST TIMING:

Submit Entry by deadline. Must be submitted by: **12/06/2024** to your local county extension office. Each Entry must be accompanied by an official Entry Form.

One (1) Entry per person during the Contest period. In the event more than one (1) Entry is received from any one person, the first Entry processed will be considered the only valid Entry and subsequent Entries from the same person will be disqualified.

ENTRY REQUIREMENTS: Entries must meet the following requirements to be eligible for judging:

- a. The bank cannot exceed 12 inches X 12 inches X 12 inches (1 square foot).
- b. Piggy banks must be able to hold coins (i.e., include a slot that has been cut to insert coins).
- c. Piggy banks must be created or decorated by the youth contestant.
- d. Plastic or ceramic banks piggy banks may be used, but must be personally decorated.

- e. Piggy banks DO NOT have to be in the shape of a pig.
- f. You MAY use or repurpose other containers.
- g. Piggy banks must be submitted and judged through the local Cooperative Extension Office.

In addition, an Entry shall be void if it contains any material that sponsors or judges in their sole discretion deem patently offensive or inappropriate, such as, but not limited to, profanity. By submitting an Entry, the parent/legal guardian of the Entrant represents and warrants that the entire Entry is the original work of the Entrant, not previously submitted or distributed elsewhere for any other purpose. The parent/legal guardian of the Entrant further warrants that he/she has obtained the consent of any persons/parties portrayed in the Entry. Sponsors shall have the right to use/showcase the Entry in any manner, in any and all media, worldwide in perpetuity without further compensation or consent. Upon request of Sponsors, the parent/legal guardian of Entrant will provide a copy of any written consent as required above.

JUDGING CRITERIA/WINNER SELECTION

AND VERIFICATION: Entries will be judged within Extension Areas by a panel of judges coordinated by the Area piggy bank delegate. Each panel of judges will select one (1) winning Entry for a possible total of 12 winners statewide — 4 per Extension Region. The judges will review all Entries and select the winners based on the following criteria: originality, creativity, artistic design, and attractiveness. Judging of Entries and the determination of the winners will be completed by:

12/11/2024

The winner's name, grade, county, and winning Entry may be displayed at the State Capitol in Frankfort.

Any Entry, or portion of any Entry, which in the sole discretion of the judges (a) defames or infringes the right of privacy or publicity or other proprietary right of any person, living or deceased, or entity; and/or (b) is offensive, profane, obscene or not in keeping with the image of the Sponsors will be disqualified.

2025 Piggy Bank Design Contest Entry Form

Directions: Please complete entry form and submit with piggy bank entry. See Official Contest Rules for complete entry instructions.

Participant's Name: _____

County: _____ **Gender:** _____

Grade: _____ **School:** _____

Piggy Bank Name/Description: _____

Print Parent/Legal Guardian Name: _____

Signature: _____ **Date:** _____

Home Address: _____

City: _____ **County:** _____ **Zip:** _____

Email: _____

Parent Phone: _____

To be filled out by the Extension Agent accepting the entry:

County: _____ **Extension Area:** _____
Agent Name: _____ **Circle One:** FCS 4-H Other



2025 Kentucky 4-H Country Ham Project

NAME _____

ADDRESS _____

TELEPHONE _____ COUNTY _____

BIRTHDATE _____ GRADE _____

Please read each and initial you understand the requirements of the project:

By taking part in the country ham project, I am responsible for the following:	4-H Member initial	Parent /Guardian Initial
Must complete 6 hours of training under the supervision of a certified livestock volunteer.		
Giving a 3-5-minute presentation at KY State Fair on the required topic: Junior (Born 2015-2011) Steps to curing a country ham. - Outline, discuss, and describe the steps you took to cure your ham for this year's country ham project. Senior (Born 2006 - 2010) Design a country ham curing facility for your counties ham project. - More and more counties are building their own country ham houses. You have an unlimited budget, design your counties dream country ham house and curing facility. (visual aids are optional, no digital/electronic, limited to one poster board, you can use both sides) Please note – ALL SENIOR'S PRESENTATIONS MUST BE AT LEAST 2 MINUTES LONG OR THEY WILL BE DIS-QUALIFIED AND HAMS FORFIETED.		
Pay \$70.00 fee – you will receive 2 hams – Hams are to remain at County Designated facility until state fair– Will NOT be allowed to be individuals homes/facilities. (failure to complete the project, fee will NOT be refunded, and you will forfeit both hams, Upon forfeit, if the two hams are not returned an additional \$70.00 fee will be charged and if the additional fee is not paid the 4-H member will not be able to participate in next years' country ham project).		

All winning hams will be placed on display at the Kentucky State Fair and will be returned its conclusion.

Parents Signature _____ Date _____

4-H'er Signature _____ Date _____

Agent Signature _____ Date _____

Completion of the 4-H Country Ham project makes 4-Her eligible to apply for Country Ham Scholarship, applications are due July 2025.

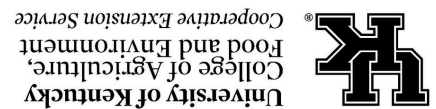
AGENTS NOTICE:
If your county misses the July 1 deadline to certify your county registration and your volunteer worker for state fair, you will NOT be allowed to participate in the Country Ham Project in 2026.

Agents please scan this document into 4-H Online when you sign up youth.



RETURN SERVICE REQUESTED

Hart County
P.O. Box 367
Munfordville, KY
42765-0367



Remind

4-H reminders via the Remind app or text message. You can join by texting @hartco4h to 81010

What is 4-H Age?

4-H Age is the age of youth on January 1st of the program year. The 4-H program year runs September 1st-August 31st.

Youth who will be 9 years old on January 1st, 2025 can join 4-H as a junior member on September 1st, 2024.

3-4 Cloverseeds
5-8 Cloverbuds
9-13 Juniors
14-18 Seniors